



## OccuCare Systems and Solutions - Kenosha North

3601 30th Ave  
Kenosha, WI 53144  
(262) 925-9146 Voice - (262) 657-0632 Fax



### Functional Progress Note™

|                         |                                |                         |                        |
|-------------------------|--------------------------------|-------------------------|------------------------|
| <b>Client:</b>          | Jane Tees                      | <b>Employer:</b>        | ABC, Inc.              |
| <b>Gender:</b>          | Female                         | <b>Occupation:</b>      | Driver                 |
| <b>Date of Birth:</b>   | October 22, 1970               | <b>Job Title:</b>       | Truck Driver           |
| <b>Evaluation Date:</b> | December 28, 2005              | <b>Date of Injury:</b>  | 9/5/2005               |
| <b>Diagnosis:</b>       | S/P left radial/ulnar fracture | <b>Surgery Date(s):</b> | 9/6/2005               |
| <b>Referring Dr.:</b>   | Joseph Smith, D.O.             | <b>Evaluator:</b>       | John Sample, MS, OTR/L |

## Results

### Material Handling Abilities

- Lifting: 60 pounds
- Frequent Lifting: 50 pounds
- Carrying: 60 pounds
- Shoulder Lifting: 45 pounds
- Pushing: 40 HFP
- Pulling: 40 HFP

### Functional Abilities to Job Demands Match

This client demonstrated the ability to perform 82% of the physical demands of their job/occupation.

### Client/Occupation Physical Demand Level

Client demonstrated the ability to perform within the heavy physical demand level based on the definitions developed by the US Department of Labor and outlined in the Dictionary of Occupational Titles. It should be noted that this client's job as a Driver is classified within the heavy physical demand level.

### Rehabilitation Recommendations

Per physician approval the client would benefit from participation in a work hardening program with a primary focus on increasing thier material handling abilities to a level that allows full duty return to work for 5 days per week and up to three weeks

- Continue per recommended plan of care    Frequency/Duration \_\_\_\_\_
- Begin Work Hardening/Conditioning    WH/WC Start Date \_\_\_\_\_
- Alter program as follows    Description \_\_\_\_\_

**Physician Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

## Recommendations

|                   | Client Abilities Demonstrated In This Re-evaluation | Physical Demand Gathered From Onsite | Job Demands Match? |
|-------------------|---|--------------------------------------|--------------------|
| Occ. Squat Lift:  | 60 Pounds   | 75 Pounds                            | No                 |
| Freq. Squat Lift: | 45 Pounds   | 50 Pounds                            | No                 |
| Occ. Power Lift:  | 60 Pounds   | 75 Pounds                            | No                 |

|                       |             |             |     |
|-----------------------|-------------|-------------|-----|
| Freq. Power Lift:     | 50 Pounds   | 50 Pounds   | Yes |
| Shoulder Lift:        | 45 Pounds   | 50 Pounds   | No  |
| Carry:                | 60 Pounds   | 75 Pounds   | No  |
| Freq. Carry:          | 40 Pounds   | 50 Pounds   | No  |
| Pushing:              | 40 Pounds   | 40 Pounds   | Yes |
| Pulling:              | 40 Pounds   | 40 Pounds   | Yes |
| Crawling:             | Avoid       | Occasional  | No  |
| Job Sim. Task 1:      | Occasional  | Frequent    | No  |
| Sitting:              | 0.0 hour(s) | 0.0 hour(s) | Yes |
| Standing:             | 0.0 hour(s) | 0.0 hour(s) | Yes |
| Forward Reaching:     | Continuous  | Continuous  | Yes |
| Above Shoulder Reach: | Continuous  | Frequent    | Yes |
| Gross Coordination:   | Frequent    | Continuous  | No  |
| Fine Coordination:    | Frequent    | Occasional  | Yes |
| Simple Grasping:      | Continuous  | Continuous  | Yes |
| Firm Grasping:        | Frequent    | Frequent    | Yes |
| Pinching:             | Frequent    | Occasional  | Yes |

## Non-Material Handling

### Crawling Comments

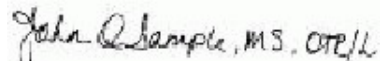
Client demonstrated the ability to perform crawling on a avoid basis during this evaluation. The primary limiting factor noted in crawling was increased pain.

If I can be of assistance in interpreting the aforementioned data, please feel free to contact me at:

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FCE@occucare.net

Sincerely,



**John Q Sample, MS, OTR/L**